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**Biker Chick
Ashley**

pg. 24

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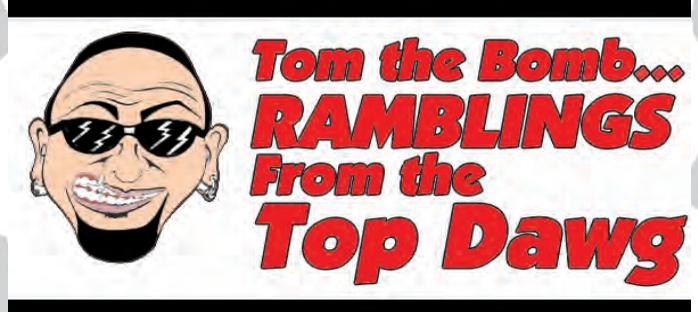
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It's August. If you've been paying any attention you know Road Rash Magazine's 7-year anniversary bike rally (The Road Rash Biker Bash) is coming up August 15-17 in Martin Springs, TN. That's not that far away. It's the exit on I-24 between Kimball and Monteagle. This year our Bash is co-sponsored by our friends at Ultimate Cycle. With a brand-new venue and a good head of steam, we're gearing up for the best party yet. You need to be there.

Those of you who've gone to a true old-school bike rally pretty much know what to expect, and those of you who've attended the Road Rash Biker Bash in the past know it's a blast from beginning to end. But, if there's anyone out there that hasn't been yet – consider this your invitation! You only live once.

I hate to start off with negativity, but I should clarify some of the rally ground rules... First off – The Road Rash Biker Bash is for adults 21 and up only. That means it doesn't matter if your best friend's uncle's next door neighbor used to date Moleman's second cousin's hairdresser... Sorry, but anyone that isn't at least 21 years old will have to wait until they are. I've turned my own (underage) employees away at the front gate in years past, so please don't expect us to break the rules for your little cousin just 'cause she promises not to drink anything. None of us like the prospect of jail time. Everyone has to be 21 and have proof.

Next, we can't let pets in. I know, I know... If I hear one more guy crack a joke about how his girlfriend won't be able to get in because of that rule... I don't really

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see what's so funny there. I mean – they're the ones dating them, right? Just leave some extra food in her bowl. She'll be all right!

For safety and environmental reasons, we can't allow glass containers on the property. Those of you who insist that beer just tastes better out of a bottle need to "man up" for the weekend and endure that horrible aluminum taste. I'm sure you can work through it later with the proper therapist. No one wants to deal with broken glass – especially the property owner.

Also (and I can't believe I still get asked this), you don't have to own a certain brand of motorcycle to attend. Heck, you don't have to own a motorcycle at all for that matter. You don't have to ride to the party if you don't want to. We charge by the person, which means you won't have to worry about extra charges, fees or penalties for "support vehicles," RVs, campers, golf carts, scooters, ATVs, go carts, or other "alternative means of interior transportation" you might bring. We don't put restrictions on responsible people because we don't have to. However, if a staff member tells you to park your granny's Hoveround because you're leaving tire prints on everyone's shoes – you

need to switch it off and walk.

And lastly... We aren't planning on giving away free passes to our friends. If you want to volunteer (which involves that four-letter word: WORK) we can probably arrange it – but you have to get with us beforehand.

A bike rally (at least the way we do them) is kind of a cross between a camping trip, an outdoor concert, a rod run, a backyard party and field day in elementary school.

If you want to be "hard-core," you can pack a change of clothes, a sleeping bag and a tarp on your bike and ride on over. That way, you can impress your friends by sleeping on the ground next to your bike. If (heaven forbid) it starts to rain, you can always make a tent out of your tarp, (using your bike as the tent pole). Although you are welcome to bring your own cooler - we'll have plenty of vendors selling food, drinks and whatever else you might need. There's a certain liberating sense of adventure that goes with "roughing it." However, if you would rather do without the backache and stiff neck, you are more than welcome to bring a tent, camper, or pack everything you own into an RV and spend the weekend in the virtual lap of luxury - sleeping on a comfortable bed, and

fixing yourself bacon and eggs in the morning. Heck, if sitting around in the air conditioning watching ESPN on your TV loses its entertainment value, you have the choice to drive your golf cart, ATV or Segway closer to the stage and check out the bands and contests. Of course, you can come and go throughout the event, which means you could find a hotel room within easy driving distance or even ride back and forth to your house. The only thing we ask is that you not drink and drive. We want you to have a good time – but we need your repeat business too!

Well, I'm rambling along and the page is getting shorter and shorter... I guess I'd better let you read the rest of the articles.

Until next time, remember to support those who support you, keep it rubber side down, and smile when you can. Certain bugs are an excellent source of protein!

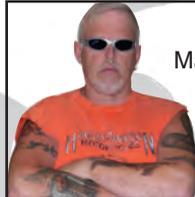
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ROCK'S TWO CENTS

Hi Folks,

As I approach the deadline for the August issue I am also counting down the days for our Yellowstone trip. It just so happens that we leave the day after deadline. As I mentioned last month, I intend to do daily picture

updates to a special gallery on our web site. That way any of you that are interested can see what we see every day. I'm sure I'll throw a few videos on there too. Check it out.

I've got to tell you about a freaky thing that happened on my weekly Wednesday ride. We had been trying for months to get down to Barber Motorsports Museum in Birmingham. Alan Kelley, Sandy Hodges, and myself headed south early Wednesday morning. After stopping for breakfast at the Waffle House it was I-59 all the way. We were there in a couple of hours. The Barber Motorsports Museum and track sits on 750 acres in northeast Birmingham. We paid out ten bucks each to get in and I was amazed at the size of this place. It was five floors packed with motorcycles, cars, and various other things with motors. There are mobiles of motorcycles hanging from the ceiling. There is a spiral of motorcycles that rises five floors. The building is a piece of art in itself. Tons and tons of concrete and stainless steel.

We started at the top and worked our way down. The elevator that took us up had glass walls and was large enough to pull a car into and still have room for people. Everything in this place is massive. In this place men turn into boys again. We all just wandered around with smiles on our faces looking at motorcycles that took us back in time. We worked our way down to the floor where we had started. Since the building is completely open with no walls you can see from top to bottom. We noticed that there was one more floor, but the elevator would not go past the floor we were on. The guard told us that the basement was where the restorations take place. There is also a large area that contains donated motorcycles. Some of these may get the nod to be restored and others will not. If one is chosen, it will be restored to like new condition, right down to the color and markings.

Earlier, I had asked the guy at the front desk if I could see someone that could give me a press kit so I could have some material for a story in Road Rash Magazine. As we were pondering the basement from above, I noticed a man approaching me. He introduced himself as Jeff Ray, the Executive Director of the museum. After exchanging pleasantries, I asked him if he would show us the basement. As we walked back toward Alan and Sandy I said, "we going to the basement, guys". We all couldn't believe our luck. As we exited the elevator on the lower level we all looked at the "regular people" looking down, like we had been earlier. Jeff gave us a tour of every nook and cranny. We had our own private tour guide, and our guide was the head honcho. He had all the answers to all of our questions. We toured the mechanics shop and then headed for the room with the motorcycles in waiting. As I scanned the hundreds of bikes, I saw a familiar profile. It

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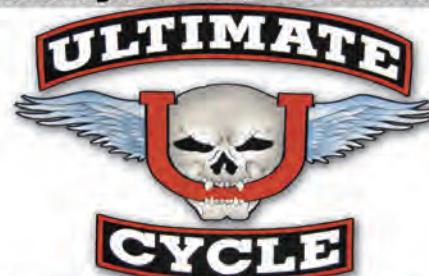
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was a 1982 Honda V65 Magna. As I walked over I then noticed that it was black. That wouldn't have seemed like much, except Honda didn't offer the Magna in black. In 1982 it was only available in two colors, a blue and a purple. The plot thickens.

You see, it just so happens that I had purchased a brand new 1982 Honda V65 Magna from Sport Cycles on Highway 153. Sport Cycles was right next to Pate's Harley-Davidson. I also purchased a 1980 Harley-Davidson Wide Glide from Drew Pate on the same day. Anyway, I bought the Honda, but I wanted it black. I asked Charlie Beavers, the parts guy, to get it painted for me and give me a call when it was finished. When I took delivery, it was a stock Honda except for the paint. It registered 160 on the speedometer and I can tell you that I verified that once. Once was enough at that speed.

I walked back to Jeff and said "if you tell me that motorcycle came from the Chattanooga area, I'm going to freak out". "As a matter of fact that Honda was donated by someone from Chattanooga". "That's MY motorcycle that's my old Honda." As I examined it I saw a familiar scuff on one of the covers. This is definitely my bike. I couldn't

believe this, my old bike in the Barber Motorsports Museum. Yeah, it might have been in the bone yard, but it was there all the same. It was like seeing an old friend you haven't seen in a long



time. The memories rushed back as I saw myself astride that bike passing a car on a hill on Highway 11, just north of Rising Fawn, and being stopped by the Georgia State Patrol. I got three tickets that evening and was accompanied by the trooper to the Dade County Jail. Ahhhh, those were the days. I'd ride my shovelhead when I was in the mood to thump around and feel cool. And I'd ride the high tech, shaft driven Magna when I wanted to tear the roads up.

The Barber Motorsports Museum is a must for anyone to see, whether they ride motorcycles or not. For those

of us who have ridden most of our lives, we see pieces of our pasts. I will return on another day. Oh, by the way, if you'll go on a weekday it will seem as if you have the place to yourself. If you go on the weekend or on race days the place will be packed. This is a nice short trip on a very lightly travelled interstate. I give this trip a two birds up, which is my highest rating. Next month will be the first in a multi part series about our trip to the Black Hills and Yellowstone. Until then,

Live To Ride, NEVER, To Trailer, Rock

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TEARS ON BLACK LEATHER

Brothers and Sisters Down or Gone

HELP US HONOR YOUR BROTHERS, SISTERS, FAMILY, AND FRIENDS

This column is entirely reader generated. Please send in a photo along with a poem or short paragraph about your loved one so that we can remember them here.

JB3 J. Blinkhorn III

For My Son JB 3 He Passed Away July 5, 2008. A lot of you knew him, he was a true genius, cooler than most, a Pimp Daddy to some, talented songwriter. In a wheelchair his entire life, never taking a step, but achieving more in life than most could ever dream! He was a working man. He went to work everyday. Every day! I have been so proud of him, a father couldn't ask for more than to have the privilege to watch such a man live. He is my son and my world. The "world" will never be the

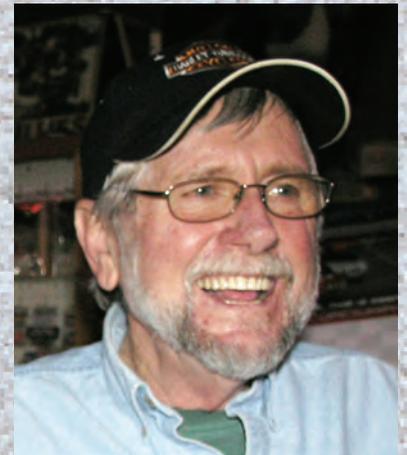


same, and we have all been robbed of his smile. I miss him so badly and my love is eternal for him. Thank you for all of your support and prayers.

JB Walker

Ronald "Arlo" Baggett

Arlo's... Come As A Stranger, Leave As A Friend. Those were words that became dear to many North Georgia motorcyclists, as they patroned a small bar in Chatsworth. Ronald "Arlo" Baggett was a long time friend and supporter of motorcyclists in this area, and that was the motto of his business. We lost Arlo, Monday July 7th. He succumbed to a battle with lung disease. Arlo did not let on that he was close to death. He didn't want to discuss it or dwell on it. Arlo just wanted to have fun. ABATE of Georgia, District 1 made their home at Arlo's bar, in Chatsworth, for many years, holding our monthly meetings as well as running most of our events from there. Much of our memorabilia still hang on his walls. As his illness weakened him, he eventually turned the bar over to Sheila Jordan, his long time friend. Sheila will continue to run Arlo's. As my mind is full of memories of Arlo, a quote I heard once keeps coming to mind.... "Do not think of me with tears and sadness.... think of me with joy and laughter or don't think of me at all". This is the way we will think of Arlo. Enjoy the rides, Brother.



Tami Culver



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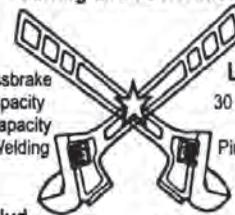
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Only Harley Davidson could sell you a \$20,000 + motorcycle and then have the gall to entice you into buying additional accessories that they entitle “Essentials.” (If they were truly essential, they should have been on the bike in the first place!) But then, to some a windshield is essential, while to others it is stripped off and cast into a non-essential part box. “Different strokes for different folks.”

Last month, I blathered on and on about my plight as I was forced to endure twenty-eight days with my bike in the shop and could not ride. I vowed this month would be different and so I went on a road trip. By the numbers here is a summary: Two guys, one girl, three bikes, two-thousand seven-hundred and sixty one miles, four days of riding, eleven states, one Canadian Providence, four Great Lakes, two International Borders, one Iron Butt (1000 miles in less than 24 hours) one Iron cheek (500 miles in less than 12 hours) one of the seven wonders of the world

(Niagara Falls) one Perfect Storm (that looked like Niagara Falls) a thousand laughs and a million memories! My thanks to Booger and Rah-Rah, two better traveling companions could never be found.

I don’t know if you have ever seen the Disney movie, “The Incredible Journey” but that was us; an aged, wise Irish setter, an impetuous, scrappy Pitt Bull, and a spoiled, but feisty smart-aleck house cat forced to show her survival skills. We did the run up with a group that started as

eleven bikes and grew to twenty doing 1000 miles in a little over 17 hours (you do the math!) Our numbers swelled to several hundred brothers and sisters enjoying each other’s company at an incredible family picnic but coming home it was just the three amigos; an unlikely pairing of diverse personalities whose differences actually create a synergy that worked to our advantage. Packing for a marathon tour of this nature requires you carry the minimal and prioritize your needs. Remember, “different strokes” and what is essential to one person is completely unnecessary to another.

I divide what I pack into limited space several categories as follows: Mandatory: you wouldn’t bring it if it was up to you but the law says differently! Essential: this is what you must be willing to sacrifice something else to bring. Luxury: perhaps not necessary and if push comes to shove, you could either get along without it or buy it when you get there. Prudent: things you wish you didn’t have to bring



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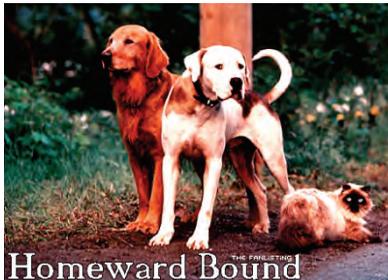
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and will likely never use, but if you need them on the spot you suddenly find they are transformed into essentials. Stupid: things you brought that took up valuable space but you simply couldn't decide what category it fell into and so for some reason you threw it in, It should have been left behind in favor of something you needed more. Intuitive: Something God told you to bring despite the desire to use the space for more of your essentials. My priority list consisted of: Mandatory=driver license. Essential=money. Luxury=Ipod. Prudent=cell phone. Intuitive=rain suit, Stupid=too many clothes. Booger's priority list consisted of: Mandatory=helmet. Essential=bungee cords. Luxury="Animal" a good luck stuffed animal that his wife insists he take along who rides perched on a luggage rack for good luck. Prudent=cell phone. Intuitive=rain suit. Stupid=change of clothing.

Rah Rah's priority list consisted of: Mandatory=lots of bungee cords to hold too many clothes and all her other "essentials." Essential: =everything else she owns! (And I do mean everything! You have never seen a Sportster carry such a load!) Stupid=money and credit cards.

In the film, The Incredible Journey, Shadow and Change the two dogs have a protective, platonic relationship with Sassy the cat who uses her feminine charm to get her way but her sarcastic nature to let her traveling companion's know "Cats Rule, Dogs Drool!" Now if anyone tells you a girl on an 883 will slow you down, they have never met Rah-Rah who can, like the bumper sticker says "ride it like you stole it!" I moved her bike at a gas pump and although I have rode my whole life and have owned a hard-tail with a suicide jockey shift, I could not have handled this over-loaded, over-weighted, lightweight motorcycle for the Iron butt like she did without complaining once! She was notably tired and sick when we arrived after the first day and I now know why...and so that is how Animal, Booger's Muppet buddy got to ride B with Rah-Rah while Animal's throne served its real purpose as a luggage rack for Rah's luggage. Booger redistributed items and in a never-ending improvement and ingenious improvised way to carry Rah's stuff on his bike, while I continued to fuel her bike at stops because



money was the one of the few things she apparently didn't think was necessary to burden herself with on the trip! (Did I mention "Cats rule, dogs drool?") I know I mentioned the perfect storm and our rain suits once a "prudent" almost superfluous item suddenly became fundamental! Of course, it is a "Booger rule" "that anything you need immediately will be buried in the hardest to reach area because if you had needed it frequently enough it would have made it's way to the surface as a matter of nature over time. And this is where making it by with a minimal amount of things becomes a lesson in patience and determination. I misplace things all the time and whenever I was not sure if what I was looking for is truly lost it or it was simply buried under three thousand bungee cords it became an issue of, "is this thing an essential?" How bad do I want to hold up the group while I conduct a search? In situations like that, I do chant a quick Saint Anthony prayer and whatever I can't find always shows up immediately some even might argue miraculously. Before you scoff, know that by the end of the trip my two friends had become converts. At one point, when we were traveling through a "no-helmet" state with our buckets bungeed to the mother-load on the rear of Booger's bike my bandana flew off my head. I said a quick St Anthony appeal and a few minutes later Slim, the sweeper in the rear of the pack came by waving it with a big smile. He actually snatched it out of the air, on the fly as it blew by at 85 m.p.h.

I am not going to try to preach what is or is not essential but I will tell you this, if I had to make the absolute "must-have" list... when it comes down to it, Friends and a Higher Power are the only real essentials!

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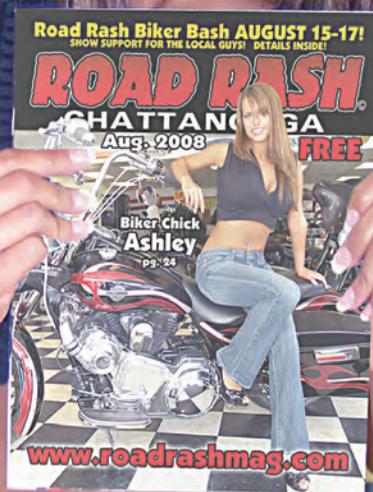
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and NO ATTITUDES.

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STAY TUNED FOR MORE INFO

REVEREND BOOGER'S TWO-WHEELED PULPIT

July 4, 2008
1:00 a.m. CST
Black River Falls, WI

I am sure most of you are expecting Reverend Booger, but due to some strange coincidence of modern technology (and being this close to the Northern Lights), I was able to gain access to a laptop that was left on bike parked next to me. I thought I would take time to tell you from a bike's perspective what is like to be ridden 1,000 miles in less than 24 hours.

First, I should introduce myself. I am a 2002 Dyna Super Glide owned by the human you know as Booger. I am perfect for him because I am not one of those motorcycles that like to be all dressed up, and he is a human that doesn't like to be all dressed up either. Except for windshield, saddlebags, and sissy bar, I am pretty much as stock as the day I was built. It's not that I have anything against show off bikes with funny looking paint and shiny chrome everywhere, I just don't see the use in it. Paint is to keep me from rusting and chrome is just something else for my owner to worry about cleaning.

I knew something was up about a week ago when I got



new oil and everything checked by the nice human that I see for that type of stuff. He seems to be a very knowledgeable human when it comes to taking care of me. As much as my owner rides, I get taken there quite often. The day before yesterday I got stuff packed in my saddlebags and strapped on me like we were going somewhere. All of a sudden at 4:45 a.m. this morning I was woken up and

ridden to where we met up with another human on a bike. It was there I figured out that this was a group ride of some sort. I knew the bike. I call him the "Grape Ape" because his owner is huge and the bike itself is purple. He is an okay bike to be around, we get along good. Next was a big black Electraglide I call "Road Hoss," because it's the one bike that I know that gets more miles than me. I have learned not to get to know the bikes that this human rides very well because he gets a new one ever year.

With him was another Electra glide I call "Stealth," due to the fact it is painted black. When I look back behind me while riding it has a stealthy look. It is fairly new member of our little group but we get to spend a lot of time together in parking lots and riding near each other. Our owners are what humans call good friends and spend a lot of time doing what I think humans call laughing. Next came a female human riding the bike I know as "Road Puppy."

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I call her that because even though she doesn't get the miles I do, her human is always on her trying. In fact, she may beat me in miles this year. Last, the big white Electraglide I know as "Miss Kitty" rolled in. She had two humans on her, which was my first clue we were in for a long day of riding. If it had been a short trip, the female human would have been on her own bike. After the humans talked for a few minutes, we were fired up and rode a short distance, where there were 3 bikes waiting on us. As we sat there, Grape Ape mentioned he had overheard we were going someplace called Wisconsin. Hoss interrupted and said, "That is correct, and we were doing it in 24 human hours."

After the humans had another short meeting, we were off, heading North up what I think humans call I-75. We went a while and we stopped, it was good to get my owner off me, after a while my seat starts to hurt with him sitting on it. I think he gets a little sore also. After about 75 miles or so he starts to squirm and move around a little. After 2 or 3 of these stops, all of us bikes fell into the routine; ride 100 miles, get gas put in us, sit and rest, then do it again. Little Road-puppy was excited as I have seen a bike, this was her first long trip and she quivered and shook with so much excitement she broke a belt guard mount. You would think being ridden hard like that would tire a bike, but as long as our owners take care of us, we enjoy it. After 10 stops, we ended up here in this parking lot, cooling off and making those weird clicking noises we make. While our owners are inside making those weird noises humans make when they rest.

I guess in closing, I should tell you that if you have a well-maintained bike and you want to make it very happy, get on it and ride. Let it prove to you that it wants to take you places and make you happy, that's why we were built.

Now I am not sure how my owner says goodbye, but if I had to guess, I would guess:

"Ride safe, ride smart, and ride often."

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Blowing Smoke

Did you know that a visit to the Australian outback is much closer than you might think? It's true. Less than two hours from Chattanooga is a place where kangaroos, wallabies, and various Australian reptiles and birds can be found. While searching for a place to take my brother and sister-in-law on vacation, I came across a unique site near Dawsonville, Georgia. When I heard that I was getting three whole days off for the Fourth of July, I decided I'd ride down and see what it was all about.



My brother Anthony and I took off that morning heading south on Highway 41. Even on a Saturday, we got stuck in congestion in Dalton, but we made it through. The overcast skies and dark clouds haunted us all morning, especially while going over Fort Mountain.

Luckily, once we reached the square in Ellijay things started looking up for two reasons. First, the sky started clearing and second, we stopped for food at the best little hidden restaurant in the state of Georgia. It's called Canteberry's and it's just outside the square on Highway 52.



The actual address is 51 River Street Ellijay, Georgia.

Let me tell you that you have to get there early. I think we got seated about 11:30 and by the time we left (a little after noon) the place was packed. When you get there you have got to try the creamy tomato basil soup. I'm not a big tomato person but this soup was absolutely delicious. We had barbeque sandwiches, but I am sure than anything they serve is great! Even if you're not ready for a meal, stop for the dessert. They have the best applesauce cake. No - seriously. This thing is triple layered with about an inch of icing in between the layers and the best part is that they keep it in one of those temperature-controlled units so it's always warm. It literally melts in your mouth.

After filling up, we headed about 30 minutes south to the Kangaroo Conservation Conservatory outside Dawsonville, Georgia. The conservatory started in the early 1980's by Roger and Debbie Nelson and has grown to what it is today - an 87-acre Australian outback wonderland housing approximately 300 kangaroos

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and wallabies along with various other species. We did the "Kanga-Ranger" tour, which featured a tram ride through the habitat, the "Wild Australia Show," and several walking tours. During the show, the handlers show the audience all the abilities of the kangaroos, wallabies, sugar gliders, and some very unique birds. We spent about three hours at the conservatory. My favorite part was probably seeing all the little joeys hopping around and the thing that surprised me the most was the difference in size between the males and females.

Unfortunately we had to leave, but on the way back, we stopped off at the Amicalola Falls State Park where we viewed the 729-foot cascading falls, the largest east

of the Mississippi. This is a great little area with lots of hiking, fishing, and picnic areas. They also have a lodge at the top, a great little getaway spot with some pretty awesome views. We stopped off at the restaurant and enjoyed the buffet before heading back home. If you're looking for something a little different but still close to home, this is definitely a great spot. For many you've probably driven right by it and never even realized what you were passing. For more information go to www.kangaroocenter.com.

Teri Welborn
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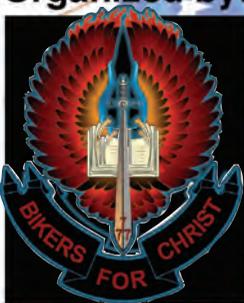
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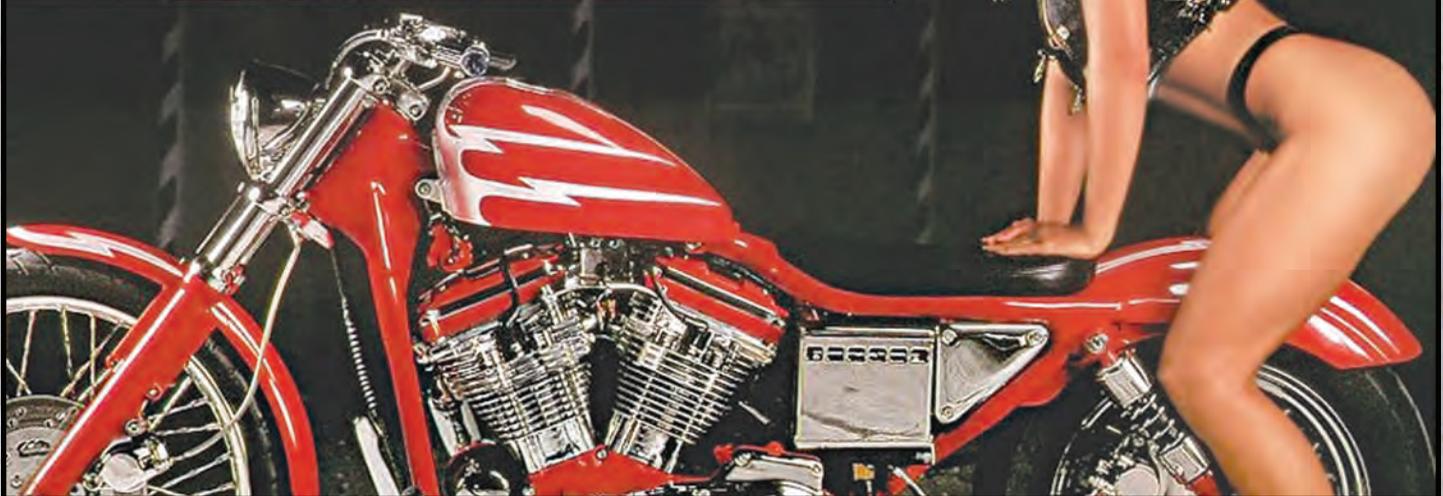
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423-892-4888 or thundercreekharley.com

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or cmachattanooga.com

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SEPTEMBER 19

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AUGUST 2008 ROAD RASH
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The Low Down:

Make/Model: 2007 H-Davidson Road King

Engine: (blown) 96 cubic inch (1584 cc) HD

Paint: Kenny Reynolds – Chattanooga, TN

Owner: American Cycles – Chattanooga, TN

If you didn't notice the Pro Charger blower, the fat rear tire kit, and the one-of-a-kind custom Kenny Reynolds paint job on this Road King, you need to have your eyes checked out closely by a professional. You'll find a very limited number of "blown" motorcycles running up and down our local byways – but if Craig, Mike, and the other guys at American Cycles have anything to say about it – they'll be quite a few more before it's all said and done. Focusing on the pre-owned bagger and bobber business and continuously improving the service, maintenance, repair and upgrade side of the house – it looks like American Cycles has found a pretty good foothold on Rossville Boulevard. The high-quality bikes they are rolling out onto the showroom floor pretty much speak for themselves. And with 96-month financing available – they're rolling quite a few of them right out the door as well. So don't hesitate. Go check out what they have to offer, and when you do – don't forget to tell 'em you saw their blown Road King in Road Rash Magazine!

Ashley, the beautiful Biker Chick pictured here, is used to riding a different kind of bike. She says she is really into motocross (and has the tattoo to prove it), but looks right at home astride this shiny steed. When she's not studying hard in nursing school or bartending in downtown Chattanooga, this North Georgia native likes to give the other girls a run for their money in competitions like the Resaca Beach and Hawaiian Tropic calendar girl contests. She knows how to fill out a bikini! If you don't believe me – check out the additional pictures we have posted on www.roadrashmag.com!

Special thanks goes out to the staff at American Cycles for providing the cover bike and studio space. "Tom the Bomb" performed photographic duties. To check out many more pictures of this beautiful bike and smoking hot Biker Chick (including those bikini shots)



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Chef Fatboy



Greetings and welcome back to Road Rash Café, where there's always something good cooking! I am Chef FatBoy and I need to tell ya, I am happy guy! This is the place where bikers share their favorite biker food recipes and we add a few of our own. We receive biker recipes from all over the world and bring them to you to try out and in turn we'll print yours. Many thanks for all the great feedback and requests for different recipes. Keep them coming! In keeping up with all the recipes and requests, we'll try to get them in here for you. Melody has a ton of awesome dessert recipes too! So, get ready to chow down!

Hey, folks please join in the fun, send us your favorite biker recipe, the more the happier, so please send your recipes to; fatboy@chef-fatboy.com and why your at it, stop by and checkout Chef FatBoy's web site the address is; www.chef-fatboy.com here you'll find even more great Biker and even wild game recipes. You'll be glad you did and so will I.

So, ride safe and always eat well!

Chef FatBoy

Toto's Grilled Country Ribs with Mustard Marinade

Submitted by: George "Toto" Lawson - Chattanooga, Tn.

Ingredients:

2 tablespoons Dijon mustard
1 tablespoon red wine vinegar
1/4 cup olive oil
1 tablespoon dried summer savory, crumbled
1 tablespoon water
2 pounds country style pork ribs

Directions: Prepare grill. In a bowl, whisk together mustard, vinegar, oil, summer savory, water, and salt and pepper to taste. In a baking dish (large enough to hold the ribs in one layer) coat them with marinade and let stand, covered, at room temperature for 15 minutes. Grill the ribs on an oiled rack set 5 to 6 inches over glowing coals until just cooked through (about 10 minutes on each side).

Yield: 2 servings. You'll wish you made MORE!

Road Rash Grilled Summer Veggies:

Ingredients:

2 medium-size red bell peppers
3 medium-size yellow squash
3 small zucchini
2 medium-size sweet onions
Vegetable cooking spray
1/2 teaspoon salt
1/2 teaspoon pepper

Directions: Cut the bell peppers into 1-inch-wide strips. Cut the squash and zucchini lengthwise into 1/4-inch-thick

slices. Cut the onions into 1/2-inch-thick slices. Lightly coat vegetables evenly with cooking spray. Grill vegetables, covered with grill lid, over medium-high heat (350° to 400°) 3 to 5 minutes on each side or until they are tender. Remove them from the grill, and sprinkle evenly with salt and pepper.

Makes 6 servings.

Desserts from Melody: Road Rash's Zucchini Cake

Ingredients:

4 cups peeled, cored and shredded apple
2 cups white sugar
2 eggs
1 cup chopped walnuts
2 cups all-purpose flour
2 teaspoons ground cinnamon
1 teaspoon ground nutmeg
1 teaspoon salt
2 teaspoons baking soda
1/2 cup vegetable oil

Directions: Preheat oven to 350 degrees F (175 degrees C). Grease and flour a 9 X 13 inch pan. In a large bowl, blend the sugar with the eggs. Add the oil, and mix well. Mix in flour, spices, salt, and baking soda. Stir in the nuts and the Zucchini. Pour batter into prepared pan. Bake for 40 minutes. Serve warm or cooled.

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PART 2 OF 3

Note: Last month in “Part 1,” I discussed “Underground Chattanooga” and the fact that much of downtown was once a level lower, prior to the massive fill project. I discussed the background of this development and displayed some of the outside visual evidence of this part of our past. This month we move inside the old basements.

As I explored the underground world of these old buildings I felt like I was going back in time to another era. The cavernous spaces smelled musty, looked old, and the rooms were littered with old things including primitive lockers, two vintage safes, old bulletin boards, dated papers, and an early generation range. What was probably once an active part of downtown is now simply a dark, mysterious, series of cavernous rooms with doors concealing passageways to places known only to a few. The underground caverns are so mysterious and uninviting

that several employees of the upstairs businesses told me they refuse to descend into the “creepy” underworld downstairs. Fortunately I did find a gracious host to the underground in the person of Beau Kenny, a manager of Buffalo Wild Wings on Broad Street. Beau (in stairway pic) took me on a 30-minute tour of the area below his establishment and surrounding area. The most interesting and telling thing I observed was an ornate stairway ascending to the ground floor of the business next door. Like stairways in the famous Winchester Mansion this stairway terminated when it reached the ceiling with no opening at the floor above. Based on it’s size and construction it was likely once a main means of reaching



what was then the second floor but now just sits as useless as the grand staircase of the Titanic as it rests in place on the ocean floor (probably about the same age too). There were old doorways and windows that now are either bricked over or are filled in with debris.

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There was an old restroom complete with vintage urinal and shower, and the most unusual hand-washing fixture I have seen. Most of the walls have been shored up with reinforced concrete, covering the original brick or stone, but some of the original stonework can still be seen. These old "Underground Chattanooga" basements are found throughout the city and this description was only one.



Exploring these mysterious passageways and basements was interesting and entertaining, just as heading out on our bikes to unknown communities and roads with a group of buddies is one of the thrills of motorcycling. There are beautiful areas to explore and some great people to meet along the way. Having led close to 40 group rides over the last five years I have personally learned that having a

good map and a GPS unit works best for me. Not only do good road tools help cut down on the stress of leading but also cut down on those embarrassing group U-turns. I like exploring unknown roads but at the same time as the



leader I need to know where I am going, even if everyone else doesn't. It is the leader's responsibility to keep the group from getting lost while exploring the unknown.

Those who do not have a personal relationship with the Lord are basically exploring life without a road map. Almost daily we encounter physical, relational, or emotional occurrences that are a challenge to overcome but the Bible promises the Lord walks hand in hand with us if we call on his name. Christians have the comfort and assurance that the being that created Earth is leading them through each day and providing the protection and daily guidance that is the perfect road map. Christians not only have the assurance of eternal life but also experience a much fuller life while here on Earth as they walk daily with the God who protects and guides their way.

Exploring old buildings or back roads brings a special enjoyment, but exploring life without the Lord is scary. We need the direction and love only the Lord can provide. Remember, U-turns are permitted at any point during life, but at the end there are no U-turns.

Now go out and play in the streets!

"Under His Wings"

Eddie Rahm

edtennga@bellsouth.net

PS: Next month Part Three of the series will explore some of the historic Chattanooga families who helped make Chattanooga the special place that it is today.

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Views & News from the Dragon & Skyway

Iron Butt's are easy. Riding with your non-riding friends - that's hard! This year my annual trip to Lake George, New York for Americade made

me realize how good I have it here in WNC (West North Carolina). Growing up in the Adirondacks, I loved riding those mountain roads and thought I knew how to ride. I am now the envy of all of my riding buddies and readers because I now live within an hour's ride of the "Dragon" and "Skyway" and have lots of training and experience. Now, if I can just get my friends to realize they need some training and experience...

After Iron-Butting to NY, I settled in to my best friend Eric's home 11 miles from downtown Americade. Eric and my other pal Mike and I have been riding together since we were on mini-bikes back in the late '60s. Before that, we had a bicycle club called the "Purple Knights." The name of their new motorcycle club is the "Girl Scouts MC." When we learned to ride there was no training, we taught each other and watched the older dudes.

My memories of riding the Adirondacks were of all the great mountain roads, but in reality those roads are not all that exciting. During this year's visit, it dawned on me that the only reason I make this trip every year is to visit family and friends, as the riding is secondary to my Girl

Scout friends. Other than riding to and from downtown Americade, we just stood around. I am in this to ride my bike, not just look at it! I must admit the first day it was okay to "B.S." with my old pals. However, on the second day, I found myself sitting on a bench in downtown Americade next to five guys that looked older than me. It looked like they might just die of boredom. So I opened my yap and woke them up with a few zingers. The ringleader of this Girl Scout troop from Jersey told me the wives don't mind them going to this event. "I found four of the most boring guys I could find!" Jerry said. "We ride here at the speed limit, we don't smoke or chase chicks, drink only Geritol cocktails and are in bed by 9!" No wonder the wives don't mind! If anyone ever sees me hanging with any of the Girl Scout MC's please shoot me and put me out of my misery!

I have been attending major biker events all over the country for years. Sturgis, Daytona, Honda Hoot, national and state HOG rallies, Americade, Laconia, Myrtle Beach, Panama City and countless small rallies and charity rides. Guess what? The same guy is selling do-rags and same chick is selling sunglasses at all of these events. Isn't the idea supposed to be that you ride the motorcycle, not stand around?

The one day we did ride about 30 miles away to a bike show put on by a local MC, "Goat Brothers," founded by some of those dudes we looked up to when we were riding mini-bikes. After a hot dog and cold drink I was ready to ride. I said, "Let's ride north on this scenic highway, head to the lake and follow it south back to downtown Americade along another scenic lake road."

Here are the excuses they gave as to why they couldn't ride:

- 1) I have to get back to get a good parking spot.
- 2) My bike is dirty. I have to go wash it.
- 3) I have to wash my cat's hair.
- 4) I can't afford the gas!
- 5) I have to go deliver Girl Scout cookies.

One kid on a V-Rod was in. "Don't try to keep up me with kid!" I said. He couldn't! That's when I realized how good I have it at home. There is nothing like the mountain curves of western NC, northeast GA and eastern TN. The best riding in the world is right here in my front yard! I guarantee you the do-rag guy and the sunglasses chick won't be there, and they can't sell you anything while you're riding.

Keep your head and eyes up and twist the throttle!

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COMMENTS FROM READERS

Rock

I believe that you have a responsibility to NOT encourage fellow bikers to drive 85 or 90 miles per hour. Anyone riding that fast even when the speed limit is 75 (or even 65 as I have seen) is asking for trouble. As you witnessed (a miracle as it was) not everyone is able to judge overtake speed. Even you had the problem or you weren't paying attention, both of which are dangerous. A lot of the readers of "Road Rash" magazine are not qualified to drive even 65. Slow down and enjoy the scenery, there's a lot you can't see driving that fast. Just be careful what you say and think about it before you say it.

I enjoy the magazine.

Don

Don,

I appreciate your response and opinion. I don't believe I've ever actually encouraged anyone to speed. My articles are simply relating my experiences. I agree with you that we can enjoy the scenery much more at my favorite speed of 65. However, there are times for going fast and there are times for going slow, especially when you cover as many saddle miles as we do every year. Are you

saying that you never speed in your car? I applaud you if that's the case. My motorcycle is my car, it is not a recreational vehicle. Sometimes I'm in a hurry and sometimes I'm not. I do feel, however, that my only responsibility is to be honest and hopefully entertaining.

I'm glad you like our magazine, we work hard to try and make that happen.

Thanks & write anytime.

Rock

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Joe Cool's Biker Health



Last month I discussed in detail the important issues one should address when looking for a personal trainer. The trainer should be an educated, well trained, experienced and certified professional with a professional attitude toward his or her clientele. Once these important aspects have been satisfactorily met, you need to decide what physical changes you desire and how you wish to achieve your fitness goals. You may wish to lose some unwanted body fat, and/or improve your cardiovascular and muscular strength and endurance. You may wish to improve sports performance or find relief from back pain. All of this can be achieved with the help from a qualified trainer.

First of all, make some attainable fitness goals. Attainable goals are short-term and reasonable. For instance, a 10-pound weight loss in 4 to 5 weeks is an achievable goal as apposed to 50-pound weight loss in the same time frame. A good trainer will keep you on a healthy weight loss program where body fat will be utilized and diminish at the rate of 1 to 3 pounds per week. Anything higher than that will typically be loss of water weight. Weight loss is most effective when you are active every day. You may only need to meet with your trainer for 1-3 days per week, however, you should continue activities on your own following your trainer's guidelines.

There are many ways to train for cardiovascular health. Whether you are training for a marathon or just wish to

ascend stairs without feeling like you just climbed Mount Everest. A quality trainer will help you improve the efficiency of your heart and lungs from various fun and challenging activities. These might include walking or running on a treadmill or on the street. You might use biking, stepping, or rowing equipment. Whatever the mode may be to achieve your cardio and pulmonary fitness goals, make sure that program fits your physical and psychological needs. Personally, I do not enjoy the use of stationary equipment. They can be very boring. I would rather bike or walk outside. Some trainers will take their clients out and run together to achieve the desired target heart rates. Do not allow your trainer to just stand next to you while you are on the treadmill or stair-stepper machines. That is a waste of your money and the trainer's time. The personal trainer is not being paid to stand there and chat with you for 20-30 minutes. That time is best spent with one-on-one training. Those stationary machines are best used on your own training days.

Reshaping your body comes from regular strength training through the use of free weights or machines. Remember that "no pain, no gain" is crap. If it is painful, then stop. If your trainer sends you home every day with muscular aches and pains that last for days, then tell the trainer to ease up and increase training intensities gradually. With your trainer's help, you can reach your muscular fitness goals. Your trainer should create a cross-training program that continues to challenge your body and mind.

Many trainers specialize in sports specific training. Meaning, they can help you improve your tennis game, lower your golf score, or prepare your teen athletes for the upcoming football, basketball, or softball seasons. Sports specific training programs improve muscle strength and

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endurance of those muscle groups that are primary movers involved with in the specialized movements of each sport. Improvement of balance, agility, and muscle memory is also results that you should expect from your trainer.

Believe it or not, regular properly formatted fitness programs can reduce physical and psychological aches and pains. Core training, which improves the strength of the abdominal muscles as well as the muscles that support the spine, can lower back pain. Regular exercise improves arthritic conditions. The more you train the better you will look. The better you look, the better you will feel about yourself. Improved self-esteem will boost your confidence. Better confidence helps you on the job, with family and relationships, and lowers the occurrence of anxiety and depression brought on by stress. Do not start a program with a trainer without the consent of your doctor. Make sure the trainer is aware of all your physical issues, such as recent injuries, surgeries or disabilities. Make sure the trainer is aware of your medications. Many meds may affect the way a trainer can work with you or whether the trainer is qualified at all.

As I said last month, I am just scratching the surface on selecting a good qualified trainer. But there is one more important thing to remember... Be cautious when a trainer tries to give you nutritional advise. Seek out the advise of your doctor or a registered dietician. Fitness trainers should not be changing the diet of their clients without proper education in micro and macronutrients. Follow the government-approved food pyramid to assure regular healthy servings of all the food groups. Do not let a trainer put you on a protein diet or any other dietary supplement program. It is unethical for trainers to push power bars, protein supplements, metabolic enhancers, or any other body building supplements to their clients. It is potentially dangerous without a doctor's consent. Remember, you pay your trainer for motivation, not degradation. The trainer should inspire to perspire. Your trainer should listen and observe everything about you. That is how a quality trainer will help you reach your fitness goals.

Good luck with your fitness endeavors. Remember to take care of yourself, because, if you won't, who will? I'll see you at the Road Rash Biker Bash!

Be cool, stay cool.

"Joe Cool" Wiram

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BIKER NEWS

Myrtle Beach officials: No more biker rallies

MYRTLE BEACH — Furious and frustrated after the weekend shooting death of a 20-year-old Coastal Carolina University student, Myrtle Beach City Council members said Tuesday that they do not want motorcycle rallies in the city any more.

A group of local ministers and a bike-rally event promoter spoke to the council at a morning workshop Tuesday and implored the city to help them “do something” about the behavior they witnessed during the past weekend.

Other groups have complained to city officials in previous years after the Atlantic Beach Bikefest biker rally and the Harley-Davidson spring rally. “I experienced something ... enough is enough,” the Rev. Tim McCray told the council on Tuesday. He said he and others had not slept for the past four days during the Atlantic Beach Bikefest, staying up to get a firsthand look at the parties that have for years concerned residents and prompted complaints. “They were up there partying, doing things they shouldn’t be doing.”

Grand Strand Connection is an umbrella group that is trying to help solve “issues that threaten the harmony of Myrtle Beach,” said McCray, the group’s founder.

The group is bringing together local officials, clergy, hotel owners, restaurants and other groups that plan and hold events geared toward bikers to make the spring and fall bike rallies more organized.

McCray said he witnessed public sex acts and other behavior, not among the sport bikers who traditionally have come to the area during Memorial Day weekend, but among the 16- to 20-year-olds who arrive by the carload to party during weekend rally. “We know the NAACP has you locked down,” McCray told the council. The National Association for the Advancement of Colored People has sued the city and area businesses for what it has called racist behavior during the Atlantic Beach Bikefest, which is visited predominantly by African Americans and happens around Memorial Day weekend.

Others argue that those who come to the Atlantic Beach Bikefest — whatever their race — don’t behave properly, don’t respect the city and its residents and cause more trouble than they are worth financially.

The NAACP has monitored the Bikefest and the Harley-Davidson spring rally to make sure people are treated fairly at both events.

Myrtle Beach Councilman Mike Chestnut, who appeared visibly upset by the weekend shooting of CCU student Corey Brooks, asked McCray and the others what they expect the city to do to make bike rallies more successful. “Why should we invest in this event when we don’t in any other?” Chestnut asked. “Let me tell you what’s going to happen. The City Council is going to shut it down. We’re not going to have a 20-year-old shot because someone is too cheap to pay for a \$20 parking space.”

Police have not confirmed a motive in the shooting. Hakim Harrell, an event promoter, said he understands the city’s concern, but hopes more organized activities scattered throughout the city would draw people away from Ocean Boulevard.

“We don’t care which rally it is, we’d just as soon stop them,” Mayor John Rhodes told the group.

“We don’t need them,” Rhodes said. “We can fill all the hotel rooms without bike weeks.”

— The (Myrtle Beach) Sun News

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Response to Johnny Lanham's Nightfall concern:

On behalf of the City of Chattanooga Public Works I would like to thank everyone for their cooperative spirit with regard to the Nightfall Concert series. Last year after reviewing an early event, it became obvious that we needed to work on the issue of motorcycle parking as it related to safety. The cramped parking along Market Street was an accident waiting to happen. We expanded the parking area on Market Street and M.L. King Blvd in order to accommodate the existing motorcycles and any anticipated increases in the future. By expanding the parking site we also were able to relocate the vendors and I think by in large it served to better isolate the motorcycle noise from the music venue (a concern of the Nightfall sponsors). All that being said, we are still trying to figure out how to best serve both the motorcycle community and concert goers. Our City Events Committee is open to suggestions from the motorcycle community on improving our setup. Recently there was an issue with the marking of handicapped parking spaces and since then we have made new signs that hopefully will better serve to identify these reserved spaces. It is our intention to keep the west side of Georgia Avenue (across the street from the Federal Court House) reserved for the handicapped concert goers. Keep in mind that we must always maintain a careful balance between the needs of the concert as a whole and the needs of the motorcycle community. I look forward to continuing to work with your liaison Eddie Rahm in establishing this Concert series as a premiere City concert event.

Steve Leach
Public Works Administrator
City of Chattanooga

I regret the problem Johnny experienced and understand his frustration. I hoped to obtain a refund for Johnny for his ticket but it appears a court appearance is the only way to win that battle. In the mean time the new signage (see pic) should eliminate the confusion in the area of Johnny's concern. We are also working on some additional cycle parking and possibly a separate cycle venue downtown (just a thought at this point). Please relay my thanks to Johnny Lanham for his constructive feedback.

Eddie Rahm
Mayor's Motorcycle Liaison



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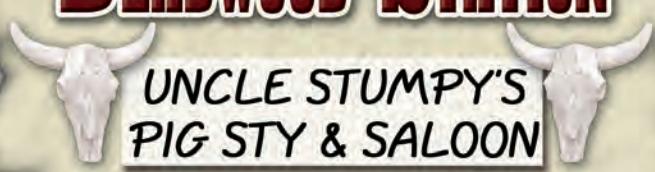
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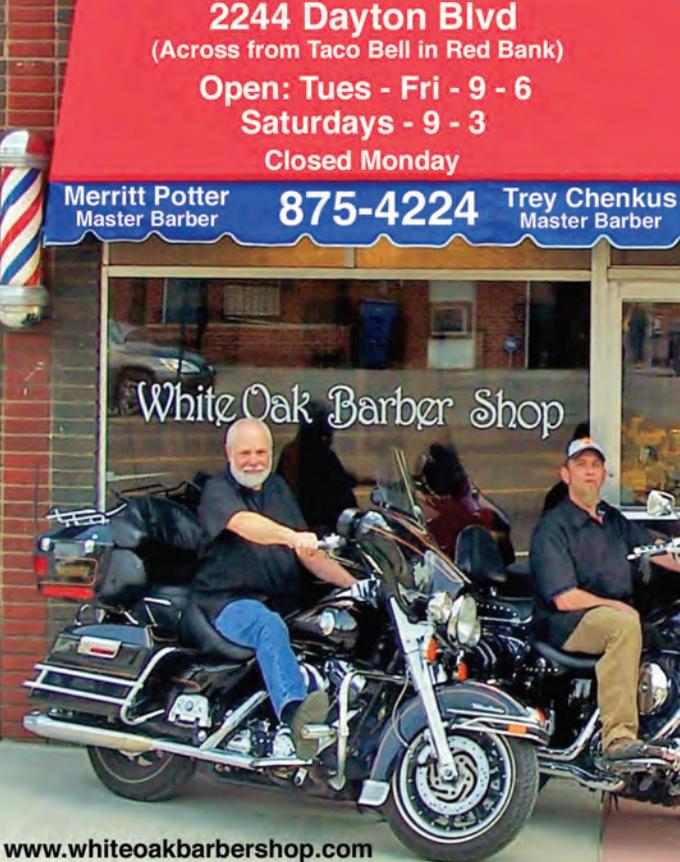
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Do you ever coincidentally keep running into the same person? It seems like every time I turn around lately, I'm running into the same guy or his name comes up. I thought it must be fate, so the next time I heard the name J.R. Worley, I had someone tackle him and handcuff him to a park bench until I could show up with the necessary equipment and my team of torture experts. In other words... Here's this month's Hot Seat feature. Let's see how he does with our ten infamous questions.

1) Do you have any nicknames, and if so, how did you get them?

Yes. Everyone calls me "Gadget." A friend of mine, Kenny Hensley, named me that because I like a few of the electronic devices that make my life easier, such as GPS, XM Radio, etc.

2) When did you first start riding motorcycles, and what was your first bike?

My Dad built my first mini bike when I was four. By the time I was seven, I was racing dirt bikes. I guess I got my first real street bike when I was 13 and I've been riding ever since. I can't remember not having a bike.



3) What was your longest road trip on a bike, and did anything interesting happen?

My Dad and I took a 4,900-mile trip when I got out of the Army in 1971. We rode to Niagara Falls, and then went through Canada, Montana, Sturgis South Dakota and a bunch of states on the way home. The trip took 27 days.

4) Do any other members of your family participate in motorcycling?

My brother is also a biker, but he doesn't ride as much as I do. We hardly ever ride together now because our schedules don't mesh.

5) Have you ever had any serious wrecks?

Yes. In 1973, after my daughter was born, I was hit by "a lil old lady" who was looking through her steering wheel. She never even knew she hit me. I spent 8 weeks in traction.

6) Have you ever been discriminated against because you ride a motorcycle?

Many times, but it is getting better. I walked into a store once when a lady said (in a very scared voice), "We don't want any trouble in here!" I just told her I didn't either!

7) Have you enjoyed special benefits because you ride a motorcycle?

Yes, many. Parking for one. Some people pretty much give you cart blanch because they either ride or would like to.

8) What is your favorite type of riding and what is your favorite local route (within 100 miles)?

I love riding through the mountains with my club (The Road Benders). Sometimes we just ride to nowhere!

9) On average, how many miles do you ride each year?

I used to ride around 25,000 – but that has come down a little. If gas keeps going up, that may rise drastically.





10) If you could change one thing about the motorcycling community, what would it be?

Right now – probably nothing. Things are better than they’ve ever been. Since the clubs have organized, all of us seem to get along better, and I’m really glad about that.

Well, it looks like Gadget didn’t have too much trouble coming up with his answers. I’m going to have to throw in a trick question or something next time. In the mean time, if you happen to see J.R. out and about – ask him to sign your copy of Road Rash Magazine. I don’t know if he’ll let you change the station on his XM Radio or give you satellite supported directions to where you are going, but you’re sure to meet a great guy in the process!

Special thanks goes out to Wendy Varnell for helping me corner Gadget, and to the un-named law enforcement representatives who turned a deaf ear to his muffled pleas for help.

Tom the Bomb




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